



# FIT2FITE FUNDRAISER

In aid of FIT2FITE's **Danielle Kirby, Jordan Clarkson, Lauren and Chloe Salisbury** representing England at the World Junior Karate Championships in Tenerife and F2F Instructor **Claire Burton** competing for GB at World Natural Bodybuilding Championships in Miami.

**90 MINUTES OF FIGHTING  
MOVES TO FUNKY GROOVES**

with Greg Francis F2F Founder introducing  
his new concept **F2F "THE FIGHT"**

**£5**  
Minimum Donation

All are invited, all class payments  
go direct to the athletes.

**Minimum £5.00 donation**

**Date: Friday 13th October**

**Time: 7:15 to 8:45pm**

**Registration: 7:00pm**



[www.fit2fite.com](http://www.fit2fite.com)



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**Venue: Barking Abbey School  
Leisure Centre  
Woodbridge Road, Barking,  
Essex, IG11 9ET**

To book your place go to  
<https://bookwhen.com/fity2fite>

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